

MOODY DISTANCE LEARNING

Course Number, Name, and Credit Hours

ED-3366 *People Helping Skills*, 3 credit hours

Course Description

This course systematically introduces students to the fundamental ministry skills needed to assist people in times of difficulty. Students gain an understanding of the people-helping process and are equipped with skills in listening and responding to the needs of others in a thoroughly Christian manner. *Prerequisite: ED-2210 Faith and Learning: An Integrative Study. Open to BSBS juniors only.*

Course Goals

In this course, you will:

- Understand how to help others in the context of a Biblical worldview
- Understand the vital role of the local church in the helping relationship
- Understand how the helper is used by the Lord as a primary instrument in assisting others
- Obtain an understanding of the integral role that sound doctrine plays in the helping process
- Become knowledgeable of crucial issues in the helping relationship

Course Objectives

After completing this course, you should be able to:

- Articulate a Biblical perspective on helping others
- Describe the unique characteristics of Christian helping
- Exhibit an ability to listen with insight and understanding
- Communicate empathy, compassion and respect
- Describe the stages of the helping process
- Help someone identify and clarify his/her needs and concerns
- Evidence the ability to challenge inconsistencies in ourselves and in another person's life
- Assess their own strengths and weaknesses in helping others
- Attain a working knowledge of the ethical and professional guidelines in helping relationships

Course Textbook(s) and/or Supplemental Information

Kane, Nancy. *Interpersonal Ministry Skills Study Guide*. (Chicago: Moody Bible Institute, 2009). PDF provided in Course Resources.

"AACC Code of Ethics." *The Y2004 Final Code*, developed and drafted by the AACC Law and Ethics Committee, George Ohlschlager, Chairman. American Association of Christian Counselors, 2004. PDF provided in Course Resources.

The following readings are optional and **not** required for successful course completion:

Egan, Gerard. *The Skilled Helper: A Problem-management and Opportunity-development Approach to Helping*. (7th ed. Pacific Grove, CA: Brooks/Cole, 2002). ISBN: 0495092037.

Collins, Gary. *Christian Counseling, A Comprehensive Guide*. (Revised ed. Dallas: Word, 1998). ISBN: 084990692X.

Collins, Gary. *How to be a People Helper*. (Wheaton: Tyndale, 1995). ISBN: 0842313850.

"An Integration View" by Gary Collins. *Psychology and Christianity*, edited by Eric L. Johnson and Stanton L. Jones. PDF provided in Course Resources.

"Jesus' Style of Relating: The Search For A Biblical View of Counseling" by David E. Carlson. Presented at a conference on Research in Mental Health and Religious Behavior, Atlanta, Georgia, January 24-26, 1976. PDF provided in Course Resource.

Assignments

All assignments are due at the end of the course. Reading should be completed according to the schedule listed on the Course Schedule. To successfully complete this course, you need to:

1. **DISCUSSION BOARD PARTICIPATION** – One of the great advantages of an online course over a traditional correspondence course is the ability to communicate and share ideas. You will be required to participate in a number of regular (usually weekly) discussions on select topics. You should check the **Discussion Board** in the Blackboard course site frequently and participate in any active discussions.
2. **PAPERS AND ASSIGNMENTS** – Always follow the instructions given for any particular paper or assignment if there is ever a discrepancy with the guidelines listed here. Assignments must be submitted electronically, only in a Microsoft compatible file using the assignment links within the **Assignments** section of Blackboard.
3. **COURSE READING** – The completion of the course reading is an important part of the course. You are expected to complete all the required reading the week it is assigned so that you will be able to effectively participate in the online discussions as well as for your own benefit in being able to grasp the concepts being taught in the lesson. You will be required to submit a reading report by the end of each week.

Assessments

Your grade for this course will consist of:

Discussion Board	40%
Papers	50%
Reading	10%
Total	100%

Letter grades are determined by the following scale:

Letter Grade	Percentage Equivalence	Letter Grade	Percentage Equivalence
A	95% or higher	C	77 - 84.9%
A-	94 - 94.9%	C-	76 - 76.9%
B+	93 - 93.9%	D+	75 - 75.9%
B	87 - 92.9%	D	71 - 74.9%
B-	86 - 86.9%	D-	70 - 70.9%
C+	85 - 85.9%	F	Below 70%

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