

*Make enough copies for each group. Cut sentences into strips. Ask students to match each sentence to its appropriate identification: *I say, They say, So what, Who cares.*

Within American society, it has been long believed that dogs are a man's best friend and that cats are inherently evil.

However, recent studies indicate that cats may be better for one's health. Data from Black & Decker (2014) reveal that simply petting a cat has proven to lower stress levels and make people relax, especially those who are greatly stressed.

Some of the most stressed people in the world are college students.

College students experience great amounts of stress, which often affects their studies. As a result, students need healthy, alternative ways to de-stress and relax.

Therefore, I suggest that all college students should own a cat.