

Eric Mothes

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EDUCATIONAL LEADER • TEACHER
BEHAVIOR MANAGEMENT, PHYSICAL EDUCATOR, SUCCESS

Professional Certifications

- Standard – **Physical Education (grades EC-12)**
- Standard – **Special Education (grades EC-12)**

Professional Experience

[Southwest ISD](#) – San Antonio, TX

Sep 2017 to present

Behavioral Management Teacher

- Behavior management and classroom management.
- Crisis prevention and verbal de-escalation.
- Data analysis and teaching cross-curricular.
- Developing Physical Education lesson plans.
- ARDs, SOPs, and behavior documentation.
- Running the BMC program.
- Integrating “high risk” students back into Gen Ed classroom settings.

[Leander ISD](#) – Leander, TX

Jan 2015 to July 2017

Dept. Head of **SUCCESS/Special Education/Adapted PE Teacher**

- Behavior management and classroom management.
- Crisis prevention and verbal de-escalation.
- Data analysis and teaching cross-curricular.
- Developing Physical Education lesson plans.
- ARDs, SOPs, and behavior documentation.
- Running the SUCCESS program and working with ASPIRE.
- Integrating “high risk” students back into Gen Ed classroom settings.

[LifeStorage](#) – Austin, TX

Jun 2013 to Jan 2015

Property Manager/District Trainer

- Maintaining and updating the Confluence.
- Price recommendations and analysis for Texas, Nevada, Utah, and Mississippi.
- Trainer for new hires and employees requiring refresher courses.
- Aids district manager in the acquisition of properties.
- Updating rent surveys, call center pricing, and discount guidelines.
- Maintaining and establishing good relations with the Chamber of Commerce.
- Creating leases for individual and business tenants.

Education

UNIVERSITY OF NORTH TEXAS
Denton, TX

M.Ed.

Present

TEXAS STATE UNIVERSITY
Round Rock, TX

M.Ed.

2016 to 2017

CONCORDIA UNIVERSITY
Austin, TX

**Bachelor of Arts,
Kinesiology**

Minor in Business
2013

Relevant Coursework

Weight Training and
Conditioning

Personal & Community Health
First Aid & Safety

Prevention & Treatment of
Injury

Motor Development & Learning

Evaluation of Physical
Education & Sport

Theory & Application of
Physical Fitness

Musculoskeletal Anatomy &
Biomechanics

Psychology of Movement
Exercise Physiology

Nutrition

Human Anatomy & Physiology

Training

Customer Service

Student/Employee Crisis

Key Skills

Crisis Management

Crisis Prevention

Program Management

Customer Sales

Strength & Conditioning

- Maintaining an over 90% coverage rating as well as exceeding all sales goals.
- Proficient with collection calls and auction procedures.
- Experience with follow up phone calls, inquiries, and reservations.

Training
Cardiovascular & Endurance
Training
Nutrition Coaching
Microsoft Office Suite
Basic Life Support CPR

Concordia University – Austin, TX

2008 to 2013

Student Worker

- Administer procurement of recreational and exercise equipment at three student center locations, including maintenance and storage of equipment and proper use of campus facilities.
- Ensure the personal safety and security of students, and escalate issues (according to Student Handbook) that require intervention by Director of Housing.
- Serve as point of contact to disseminate information on equipment usage, policy & procedure, and university and intramural sports events.

Finish Line – Austin, TX

2010 to 2011

Sales Associate

- Responsible for finalizing in-store and online sales transactions; consecutively surpassed sales goals.
- Recognized as top Sales Associate in the state of Texas.
- Managed inventory and assisted in minimizing shrinkage.
- Ensured customer satisfaction by individually addressing their specific needs.

Humble ISD – Humble, TX

2005 to 2008

Behavior Management Instructor

- De-escalated crisis-related incidents involving high-risk students.
- Consulted with instructors and principals to advise them on optimal tactics for managing classrooms and schools. Formulated arrangements and schedules for high-risk students; closely monitored behavior.
- Directly interfaced with parents, school staff, Houston Police Department, Child Protective Services to ensure students and faculty could thrive in a safe environment.
- Placed 80% of high-risk students back into original environment; presented with Muddy Shoe Award (2007).

YMCA – Houston, TX

2002-2005

After School Counselor

- Monitored pre-adolescent high-risk children (ages pre-school-5th grade) in after-school care. Hosted "homework time" to assist them with any homework assignments.
- Fostered a safe environment with recreational activities and "snack" time; acted as role model – endorsed physical activity, health, and fitness. Ensured safety and security of children; allowed them to be dismissed from activities with proper parent/guardian.
- Served as counselor during Holidays and community events.